Chemical cues, defence metabolites and the shaping of pelagic interspecific interactions

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Several observations and model calculations suggest that chemically mediated interactions can structure planktonic food webs. However, only recently have improvements in chemical methods, coupled with ecological assays, led to the characterization of chemical cues that affect the behaviour and/or physiology of planktonic organisms. We are currently beginning to elucidate if or how chemical signals can directly affect the interactions between species and even shape complex community structures in aquatic systems. Here, we highlight recent research on the nature and action of chemical signals in the pelagic marine and freshwater environments, with an emphasis on kairomones and defence metabolites.

Introduction

The open water appears to be a homogenous environment, yet gradual changes in nutrients, light, temperature, mechanical cues (e.g. currents and turbulence) and chemical signals provide directional information to its inhabitants. The physical properties of water render it an ideal medium for the evolution of chemical signal interactions. Its relatively high viscosity results in signal gradients that persist longer than chemical gradients in a turbulent atmosphere. Thus, an interaction between two individuals could be mediated by infochemicals that convey information by evoking a behavioural or physiological response in the receiver [1]. Known signals include dissolved gases (Box 1), functionalized hydrocarbons (Figure 1), peptides [2] and proteins [3].

Here, we explore two topics that illustrate current methodological and conceptual challenges in plankton chemical ecology. First, we highlight difficulties in characterizing signals, using kairomone-mediated interactions as examples. Second, we discuss phytoplankton defence strategies to illustrate the challenges encountered when investigating community effects mediated by a complex interplay of toxins, nutrients and infochemicals. Related fields involving, for example, intraspecific chemical communication or allelopathic interactions, have been reviewed elsewhere [2,4]. We do not distinguish between freshwater and marine environments, despite the fact that research in these disciplines is traditionally separated. The limitations, challenges and concepts in these two domains are comparable and possible synergisms in uncovering aspects of chemical defence and signalling should not be affected by historical barriers.

Recent progress has led to the identification of a comparably small set of chemical signals and defence metabolites that are studied intensively to elucidate species interactions. However, we are still far from a comprehensive understanding of chemical signalling in aquatic communities, and linking this signalling with selection processes that have resulted in the rich diversity of phenotypes that we observe today is the ultimate goal of current research.

Kairomones

Kairomones are chemical signals in the information transfer between species that impart a benefit to the receiving organism while not being beneficial for the producer. For example, kairomones can be used to locate food or to detect predators. In many cases, there are disadvantages for the emitter. Consequently, kairomone release might be reduced but it cannot be fully suppressed either because the emission of signals creates a larger total benefit in another information context or because emission is unavoidable, as is the case for excretory products. This coevolutionary scenario suggests that emitters might be selected to either minimize their signal release or modify signal chemical structure and, conversely, receivers might be selected to increase their sensitivity to existing signals or evolve recognition of new cues.

DMS

Little information is currently available about the relevant signals in the kairomone-assisted location of food. Whereas the role of dissolved organic molecules in the induction of chemotaxis in planktonic bacteria [5] and
Box 1. The role of dimethyl sulfide in plankton ecology

Possibly the best-studied marine volatile is the biogenic trace gas DMS \( [(\text{CH}_3)_2\text{S}] \), which is produced during an enzymatic reaction from the algal metabolite dimethylsulphoniopropionate (DMSP) \( [(\text{CH}_3)_2\text{S}^+\text{CH}_2\text{COO}^-] \). Although it has multifunctional properties in algae [68], the ecological reasons for its cleavage and the associated DMS-production are still unknown [69]. DMS has attracted much research interest not only because of its effect on cloud formation and climate processes [70], but also because its release has been linked to an activated defence of algae against herbivores [38] and viruses [71]; it also provides prey-related chemical cues to grazers [7]. This single metabolite thereby directly affects trophic interactions in multiple ways (Figure I) [72].

Inducible responses

Many studies have shown prey responses to predator kairomones that trigger inducible defences in behavioural, morphological and physiological traits. The phenotypic plasticity of morphological traits has been particularly conspicuous, such as spine induction in rotifers [8,9], ciliates [10] and cladocerans [11,12] including Daphnia [13,14]. Adaptive changes of life-history parameters, such as shifts in resource allocation between somatic growth and reproduction [15], or the induction of behavioural traits, such as vertical migration [16,17] are less obvious.

Daphnia and rotifers themselves release chemical cues that induce their food source, unicellular green algae, to form grazing-resistant colonies (Figure 1) [18]. When predators are absent, the algae grow as isolated cells, but in the presence of chemical signals from predators, the algae undergo a morphological change and form colonies, which are more protected from grazing, owing to a size-mismatch between the predator and its prey (Figure 1) [18]. This initial observation prompted intense research towards the elucidation of the structure of the kairomone in Daphnia [19]. Recently, Yasumoto et al. [20,21] reported a major

Figure 1. Structure elucidation of kairomones inducing morphological responses in green algae. The unicellular green alga Scenedesmus subspicatus forms colonies if grown in the presence of the waterflea Daphnia or in the presence of water in which this herbivore was kept. The same response is observed when purified metabolites from Daphnia or synthetic compounds are administered. Microscopic pictures of Scenedesmus controls (a) and then ten days after the addition of 1 ng ml\(^{-1}\) 8-methylnonyl sulphate (b) (scale bar = 50 μm). (c) Chemical structures of the active kairomones from Daphnia. Reprinted with permission from Ref. [21].

Figure 1. The function of DMS and other volatile infochemicals in aquatic trophic interactions from the microscopic to global scale. (a) A suspension-feeding copepod (mesozooplankton) produces a feeding current that deforms the boundary layer at the surface of microzooplankton. This layer is enriched with infochemicals such as DMS and enables the copepod to detect the prey and to react with a feeding response. (b) Infochemicals in microbial tritrophic interactions. Representatives of the three trophic levels include dinoflagellate and coccolithophorid phytoplankton, tintinnid microzooplankton, and a mesozooplankton copepod, respectively. The interaction between phyto- and microzooplankton produces DMS and is represented by the circular shaded area around the microzooplankton. Such infochemicals are exploited by higher-order mesozooplankton when searching for microzooplankton prey. Dotted lines indicate the mode of the trophic interaction with negative effects on the microzooplankton and indirect positive effects for the phytoplankton. (c,d) The accumulation of infochemicals from microzooplankton prey (d) provides chemical cues to migrating mesozooplankton (individual dots in (c)). (e) Local upwelling (e.g. along a frontal zone) generates biological activity (dotted area) that increases the sea–air flux of DMS and other volatile infochemicals. The resulting chemical gradient serves as a directional cue to seabirds. Reprinted, with permission, from Ref. [72].
The finding that the active substances are structurally mones appears to be more important for activity than are the most effective. The amphiphilic nature of the kairomone and fully characterized (Figure 1) [20,21]. Interestingly, Scenedesmus the green alga reacts to all extracted organic compounds, bioassays are unsuitable to detect a response after the purification of individual components [33].

- Several ecologically relevant cues but also compounds that are only active at irrelevantly high concentrations might induce the same response, thus making the identification of the true infochemicals difficult. This can be illustrated by the Daphnia example given in Figure 1, main text. Before the active structures were described, a candidate approach was used in which known Daphnia excretion products, such as urea, were tested [73]. Elevated concentrations of urea were found to induce the same morphological response. However, further investigation showed that it was not the fraction containing urea that was active [74], which stimulated research for the elucidation of the actual signals.

- Kairomone activity might be a result of several chemicals that act synergistically. In such a case of specific recognition of a blend of organic compounds, bioassays are unsuitable to detect a response even after the purification of individual components [33].

- The lack of bioassays that are robust and resistant to confounding effects makes the characterization of infochemicals tedious and can result in false kairomone identification. For example, a bioassay designed to analyse a kairomone released by fish that triggers Daphnia to migrate deeper during the day to avoid predation was also sensitive to the presence of toxic levels of chemicals [16,75]. This led to the false identification of trimethylamine as a fish kairomone [76,77].

- Bioassay-guided identification is time consuming and obtaining long-term funding can become an obstacle. Possible solutions might be found in the implementation of novel profiling techniques (Box 3). Regardless, a reliable and unambiguous bioassay is crucial for successful identification.

breakthrough with a bioassay-guided characterization of kairomones from a 10-kg sample of Daphnia. After several chromatographic steps, eight aliphatic sulfates that are active at low concentrations (<1 ng ml⁻¹) were isolated and fully characterized (Figure 1) [20,21]. Interestingly, the green alga Scenedesmus reacts to all extracted aliphatic sulfates, although saturated compounds are the most effective. The amphiphilic nature of the kairomones appears to be more important for activity than are specific processes based on ligand–receptor interactions. The finding that the active substances are structurally similar to commercially used anion surfactants has major implications for ecotoxicological testing, given that even sublethal concentrations of commercial detergents that are commonly detected in freshwater [22] might trigger significant ecological effects [23].

Pelagic chemical communication has been observed mainly in microplankton, but recent results indicate that signals might also have an important role in nanoplankton. The pelagic bacterium Flectobacillus sp. shows high variation in cell size and reacts to chemical cues of its predators. In the presence of the bacterivorous flagellate Ochromonas sp., the bacteria produces long filamentous cells, which are harder to ingest [24]. This response was induced by infochemicals as the predators were kept in dialysis bags that prevented direct contact but enabled chemical cues to disperse.

**Associations with non-predator sources**

A higher level of complexity is demonstrated by the fact that the production of several kairomones is not only related to the predators themselves, but also to other biotic sources associated with the predators or with the predation process. For example, bacteria might be involved in the production of factors released from freshwater and marine fish that induce vertical migration in Daphnia or brine shrimp, respectively [25,26]. Because multiple players that might be linked by symbiotic interactions are required to maintain an active signalling network, it is possible that relatively small modifications in bacterial communities can result in major changes of trophic cascades.

**Release by conspecifics**

Infochemicals can also be released by conspecifics. Such alarm cues from prey are now known to be involved in responses that were initially attributed to fish-borne kairomones [27]. For example, Daphnia exhibit a stronger reaction to kairomones from fish that had been fed conspecifics compared with cues from fish that were fed earthworms [28]. Furthermore, kairomones released by feeding predators more strongly induced morphological defences against invertebrate predators in Daphnia than did signals of the crushed conspecifics alone [29]. It is likely that these alarm cues are not specifically evolved pheromones, but instead are substances contained in the body of Daphnia that are released or activated when they are caught. Because such alarm cues from Daphnia alone would only provide general information about predation risk rather than about a specific predator, they would not be reliable enough to reduce tradeoffs that are associated with defences [30]. Daphnia fall prey to visually hunting vertebrates, such as fish, which select larger individuals, and to gape-limited invertebrate predators including Chaoborus larvae, which select smaller ones. Both types of predator induce life-history adaptations in opposite directions. Some Daphnia might shift their resource allocation in response to fish cues into reproduction and in response to invertebrate cues into somatic growth [15]. For these adequate defences in multi-predator environments, Daphnia require additional cues, besides alarm signals, that are specific to the predator [31].

The many organisms that respond to kairomones [32] support the idea of infochemically driven plankton

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**Box 2. Reasons for the slow progress in kairomone identification**

There are several reasons for the slow progress currently being made in identifying kairomones.

- Several ecologically relevant cues but also compounds that are only active at irrelevantly high concentrations might induce the same response, thus making the identification of the true infochemicals difficult. This can be illustrated by the Daphnia example given in Figure 1, main text. Before the active structures were described, a candidate approach was used in which known Daphnia excretion products, such as urea, were tested [73]. Elevated concentrations of urea were found to induce the same morphological response. However, further investigation showed that it was not the fraction containing urea that was active [74], which stimulated research for the elucidation of the actual signals.

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**Box 3. Identifying chemical signals**

The most commonly used approach for the identification of a chemical signal is bioassay-guided fractionation. Here, active water samples or enriched extracts are separated using chromatographic techniques and the activity is verified using a bioassay [2,33,64]. Alternatively, candidate approaches, where metabolites that are known to be released by the emitter can be tested without prior chemical analysis, but this carries the risk of producing false positives (Box 2).

A promising avenue for kairomone and defense metabolite research is the recent development of metabolic profiling and metabolomics approaches [78]. Here, high-resolution chemical analyses are performed on crude extracts of biologically active and inactive samples. For example, kairomone-containing samples can be compared with chemically similar samples that lack activity. The resulting metabolic profiles can be compared by, for example, principle component analysis, without the need for structure elucidation of all single components. The subsequent identification of compounds that are only found in the active extracts can be based on standard techniques and might directly lead to active components without prior fractionation.
communities, but we currently have only limited knowledge of the chemical cues involved. Other than the exceptions described above, attempts to identify kairomones of pelagic organisms have encountered major difficulties (Box 2) and, thus, only resulted in partial characterizations (e.g. Ref. [33]). However, knowledge of the structure of the cues would enable researchers to quantify and evaluate responses, to utilize biomanipulations and to assess the effect of potential cross talk in the complex pelagic environment. Moreover, knowledge of the nature of kairomones is a prerequisite for the elucidation of the physiological and/or ecological relevance of their emission. Only then will it become possible to address fully why evolution has resulted in the sometimes disadvantageous kairomone release.

**Chemical defence of unicellular algae**

In contrast to the direct observation of morphological or behavioural responses, the demonstration of an ecologically relevant chemical defence of phytoplankton is currently a major challenge. Thus, it has not yet been fully resolved whether our limited knowledge about plankton chemical defence simply reflects the fact that it has only a minor role in this environment or whether systematic problems in the elucidation of the involved chemicals and their ecological roles limit scientific progress. Some general considerations might lead to support for the first explanation. Energy flow and biomass partitioning differ between sessile and pelagic organisms [34]. In contrast to terrestrial plants and benthic algae, planktonic primary producers have no requirement for massive supportive tissue and rapidly complete their life cycle. Accordingly, >99% of the global biomass is found in the terrestrial environment; however, turnover in plankton is so high, that still almost half of primary production occurs in the sea [34]. It can be argued that planktonic primary producers support more consumption and are regulated by top-down forces to a greater degree than are sessile plants. Accordingly, variable selective forces could drive differences in defence allocation patterns in pelagic versus terrestrial or benthic habitats, and chemical or mechanical defence would not be widespread in the pelagic environment [34]. However, this general consideration is contradicted by numerous observations and models that demonstrate a role of mechanical defence, toxins or other chemical defence metabolites in the modulation of pelagic trophic interactions (e.g. Refs [35–37]). Here, we group the different defence strategies of phytoplankton against herbivores into three functional categories.

**Release of toxins and feeding repellents: costly but effective?**

The prerequisite for defence by released toxins or repellents is that predators demonstrate selective feeding [38–40]. In such cases, grazers must utilize chemical cues before ingestion, which suggests a role for surface-bound chemicals and chemical exudates that accumulate in the diffusion-limited boundary layer surrounding the phytoplankton cells [41]. These chemicals create the ‘active space’, a zone that is influenced by diffusion and turbulence, resulting in a concentration gradient that provides directional information about their source [42]. However, if grazers cannot use specific chemical cues in selective feeding, or when alternative prey is unavailable, phytoplankton that invested in defence mechanisms might still be ingested.

The requirement of both an active space around the phytoplankton cells and a behavioural response of the herbivore in the complex environment make the direct action of chemicals difficult to demonstrate in laboratory experiments. In this context, strains of phytoplankton species that produce different quantities or types of defence metabolite are a useful tool, although the risk of misinterpretation owing to feeding on an unbalanced monospecies diet cannot be ignored [43,44]. Methods in which toxins can be delivered using otherwise neutral food pellets would enable a direct comparative approach in laboratory studies and would provide direct insight into their defensive value [45]. Despite significant efforts, no universal solution to this problem has been found, although successful single examples have been reported using microencapsulation techniques, liposomes or phytoplankton that have been impregnated with potentially noxious chemicals [46–48]. Other approaches use bioassays where mixtures of phytoplankton species with different toxic potential are administered and the (selective) clearance rate and/or the performance of the herbivore is monitored (Box 4).

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**Box 4. Can the effects of phytoplankton toxins be separated from overlaying influences of food quality?**

More than 200 phytoplankton species are known to be toxic or harmful to a range of organisms, inducing mass mortalities of fish and harming mammals [79]. However, the relevance of these toxins for defence against the appropriate predators of the zooplankton is often unclear. It is now accepted that there is no general relationship between the production of phytoplankton toxins and implicated consequences for planktonic grazers; case studies are needed that incorporate selected algae and herbivores. *Karenia brevis* is a pelagic bloom-forming dinoflagellate that can produce neurotoxic brevetoxins that cause mass mortalities of clams, crabs and fish; however, as yet, its mode of action on sympatric zooplankton grazers is poorly understood (see Ref. [80] for recent references). Prince *et al.* [80] aimed to clarify the interaction between *K. brevis* and a major co-occurring predator using a mixed diet approach. When offered diets with varying proportions of *K. brevis* and a non-toxic cryptomonad, survivorship of the herbivorous copepod *Acartia tonsa* decreased with increasing *K. brevis* content. However, extracellular extracts of *K. brevis* did not affect the copepods, which rules out a direct toxic function of the brevetoxins. If offered the mixed diets, copepods slightly preferred the non-toxic food source. However, the benefit for the toxin-producing *K. brevis* could be negated by a nearly fivefold increase in food uptake when copepods were raised on *K. brevis*-rich diets. This result was attributed to poor food quality of *K. brevis*, which is compensated for by an increased food uptake.

The situation becomes more complex if the reproductive success of the copepods is also considered. Predator reproductive success depends on egg production rate, egg hatching and naupliar survival. Thus, toxins that affect these processes provide a strategy for an indirect chemical defence. In the experiments with *A. tonsa*, egg production rates decreased with increasing proportion of *K. brevis* in the food, but the egg-hatching success remained constantly high [80]. The decreased egg production could not be correlated to toxicity, making inadequate food quality of this alga the probable case for its adverse effects. This example demonstrates that, even with a simplified scenario of three species, it is a major task to separate unambiguously the impact of toxicity and food quality.
Unfortunately, in most experiments demonstrating the role of chemical defense, no distinction has been made between the delivery of toxins or repellents within a food particle or their release in the active space. In addition, overlaying effects of food quality, morphology and culture artefacts are rarely considered, even if these factors are crucial for the correct interpretation of feeding behaviour. The task becomes increasingly challenging if situations of similar complexity to those in the field are addressed. Here, multiple species coexist that each might influence the abundance, behaviour and chemical properties of others [49]. Recent progress in the genetic transformation of microalgae [50] and in the use of transgenic microalgae in ecological studies [51] might enable investigations of the effect of mutants with altered metabolic profiles on the performance of herbivores. Ideally, these should be implemented in comparatively large-scale enclosure (mesocosm) studies to obtain a direct insight into the ecological role of metabolites under near natural conditions.

**Induced defence of microalgae: a flexible strategy?**

An efficient way to minimize the cost of defence is the use of induced defence strategies where defensive metabolites are only produced during high predation risk. Such processes are common in higher plants [52] and have also been identified in seaweeds [53]. However, it was only recently demonstrated that comparable mechanisms also exist in the pelagic environment. Waterborne cues from feeding copepods can induce the production of paralytic shellfish toxin in a dinoflagellate that forms harmful algal blooms [49]. The elevated amount of toxins in the induced algal cells correlate with an increased resistance to copepod grazing, suggesting the direct role of induction in the chemical defence of the dinoflagellate. An induced increase in toxin production has also been observed for other phytoplankton species, such as *Microcystis aeruginosa* [54], and it will be interesting to study whether such processes are common strategies of phytoplankton to reduce the cost of defence.

**Community defence of plankton: does it exist?**

The effects of activated defence mechanisms that result in toxin production after cell disruption (Box 1) [38,55], or constitutive chemical defences with toxins stored intracellularly, are a matter of debate [56]. Defence based on such mechanisms implies that the toxin-producing algal cell must be consumed. Thus, it would not directly benefit from developing defences that require part of its metabolic energy and so selection should act against these strategies. Furthermore, effects of defence metabolites can be indirect or delayed, for example when they reduce the reproductive capacities of predators [48]. Nevertheless, these mechanisms could be effective at the population level. Group selection, which would be a prerequisite for the evolution of such defense strategies, is considered to evolve only under specific narrow conditions (e.g. involving kin selection) and is poorly explored, especially in unicellular organisms [57,58]. For a long time, it was assumed that phytoplankton species reproduce asexually during bloom formation and, thus, that a chemical defence could increase the survivorship of the clonal population without protecting the single cell. Accordingly, the evolution of a common defence mechanism of bloom-forming cells would be possible even if other clones of the same species or other co-existing species would also benefit [41]. Here, a major paradigm-shift is arising based on several recent genetic investigations including microsatellite studies that address the relatedness within algal blooms. It appears that this diversity can be surprisingly high [59–61]. For example, on average, 94% of cells in each sample obtained during blooms of the diatom *Ditylum brightwellii* were genetically distinct [62]. These findings question whether such a high degree of intraspecific genetic diversity translates into variability in ecological function. To answer if and how the observed activated and constitutive defence mechanisms benefit surviving clonal cells, model calculations, extensive genetic and chemical profiling, as well as enclosure experiments, are required.

For evolutionary considerations, the metabolic costs involved in chemical defences should also be considered. It is striking that the activated defences of phytoplankton that have been discovered so far depend on primary metabolic processes [41,63]. Thus, they do not require the specific production of cost-intensive secondary metabolites, as is the case for the microalgal toxins discussed previously. For example, the precursor for activated dimethylsulfide production is also involved in the osmoregulation of intact cells (Box 1); the rapid wound-activated release of polyunsaturated aldehydes, which results in a decrease of reproductive success of feeding herbivores, also depends on processes that are closely associated with primary metabolism [48,64]. This defence relies on storage lipids, which are transformed by lipase and lipoxygenase enzymes after wounding or ingestion. It is likely that these lipids, as well as the enzymes involved, are also required for the regulation of cellular processes in intact cells [63]. In these two cases, the cost of the defence might therefore be negligible and the evolution of such defences could thus be driven by the need for processes involved in primary metabolism rather than by the need for feeding pressure reduction, which might be a beneficial side effect.

**Conclusions**

New chemical methodologies in combination with advanced ecological experiments facilitate studies of the role of chemical signals and defence metabolites in aquatic environments. The search for active compounds in plankton chemical ecology is by no means only of interest to a small community of chemists. Once the structures of signals are known, it opens new avenues for directed ecological manipulations and for the monitoring of interspecific interactions in highly complex communities. These investigations will pave the way for the development of new theories and models on how plankton biodiversity evolved.

One major challenge will include the transfer of knowledge and concepts derived from laboratory experiments to natural communities. The ultimate goal is to determine and model the large-scale effects and global significance of chemical defence in plankton communities dominated by top-down control. Knowledge about the chemical structures of the signals will help, for example, to evaluate the distribution of certain signals in the
environment, their species specificity, the metabolic costs involved in their production, and the potential interference of other organisms by chemical mimicry or communication disruption. Moreover, synthetically produced infochemicals and analogues will enable us to perform large-scale manipulations, experiments that have proven useful for the evaluation of the impact of nutrient limitation on the bloom formation of phytoplankton [65].

Given that most of the substances of interest occur at low concentrations but are nevertheless remarkably effective, this research is also of importance for ecotoxicological considerations. In this area of study, toxicity assays are used to determine the impact of anthropogenic chemicals on the environment. Because such chemicals can interfere with planktonic chemical communication at sublethal concentrations [66,67], there might be a large group of hitherto unrecognized compounds that could disrupt aquatic community structure and food-webs in both lakes and oceans.

Current evidence highlights the major roles that chemical communication and chemical defence have in the pelagic environment; however, substantial methodological and conceptual progress is required if we are to understand the implications for plankton ecosystem functioning. With newly available methods, such as high throughput metabolic profiling techniques in analytical chemistry and genetic techniques, the stage is set for making fundamental progress towards a better understanding of the chemical language of plankton.

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