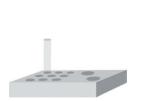
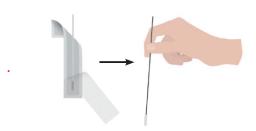
Taking the test: You should self-test at home.



Step 1 Insert the test tube into the workstation.



Step 2
Add 10 drops of the buffer solution to the tube. *



Step 3

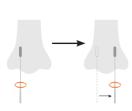
Open the swab package at the indicated position. Pull the swab out of the package by its plastic end. Do not touch the absorbent swab tip.



Step 4
Carefully insert the absorbent tip of the swab into your left nostril. Make sure that the entire tip of the swab is in your nostril (2-4 cm deep). Do not insert the swab further if you feel any resistance.



Step 5
Roll the swab against the inside of your nostril at least 5 times.
Make sure the swab touches the inside of your nostril properly.



Step 6
Remove the swab and insert it into your right nostril. Repeat steps 4 and 5.



Step 7
Remove the swab from your nostril and insert the swab into the prepared tube in the workstation.



Step 8
Mix well by rolling the swab at least 6 times, pressing the head of the swab against the bottom and sides of the tube.



Step 9
Start the timer. Leave the swab in the tube for 1 minute.



Step 10
Squeeze the outside of the tube several times. Try to release as much sample solution as possible from the swab.



Step 11Remove the swab and dispose of it in a plastic bag.



Step 12 Slide the cap included in the selftest kit into the tube and make sure it is firmly in place.



Step 13Remove the test cassette from the bag and place it on a flat, clean surface.



Step 14
Put 4 drops of sample solution into the sample well of the test cassette by gently squeezing the bottom of the tube.



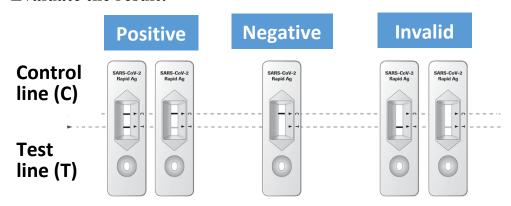
Step 15 Start the timer and wait 15 minutes. It is important to read the results after 15 minutes.

An opened bottle of extraction buffer remains stable for up to 2 years if stored properly $(2-30^{\circ}C, closed cap)$. Step 2 is omitted in the package which includes five tests (here the tubes are already filled with buffer solution).

^{*}Please note:

CLINITEST ® RAPID-COVID-19-Antigen Self-Test at RUB testing, reading and measures after testing

Evaluate the result:



Positive test result

If there is a **test line (T)**, no matter how faint, **together with a control line (C)**, it means the test result is positive.

A positive result means that you are very likely to have COVID-19.

Please contact your doctor or a coronavirus testing centre immediately and tell them your self-test result was positive; you must also self-quarantine at home until your self-test result is verified by a PCR test.

You are not allowed to enter the campus and RUB facilities until either a negative antigen test control or PCR test result is on hand (i.e. the rapid test was false positive and you don't have a COVID-19/coronavirus infection) or the legally required quarantine period has ended.

Invalid test result

If there is **no visible control line (C)**, consider the result invalid (the test is not working properly).

Look carefully: even if the control line is only faint, the test can be considered valid. You may not have performed the test correctly. Therefore, repeat the test (follow the instructions and video carefully) or have a test performed by a doctor or at a coronavirus test centre.

Negative test result

If there is a **control line (C)** (no matter how faint) **but no test line (T)**, it means the result is negative. It is unlikely that you have COVID-19.

Since it is possible to have an infection despite a negative test result, please contact your doctor if you experience any symptoms of COVID-19.

Even if the test result is negative, it is necessary to observe all coronavirus protection and hygiene measures!!

Disposal:

For individual tests: the used test kits are to be disposed of at home in a sturdy, tear-proof and sealed rubbish bag in the non-recyclable waste container.

For (exceptional) group tests at RUB: the test kits are to be disposed of in sealed tear-proof and thick-walled rubbish bags in the non-recyclable waste bins outside the MA building. (Contact for questions on disposal: phone 22345/24853, entsorgung@uv.rub.de).