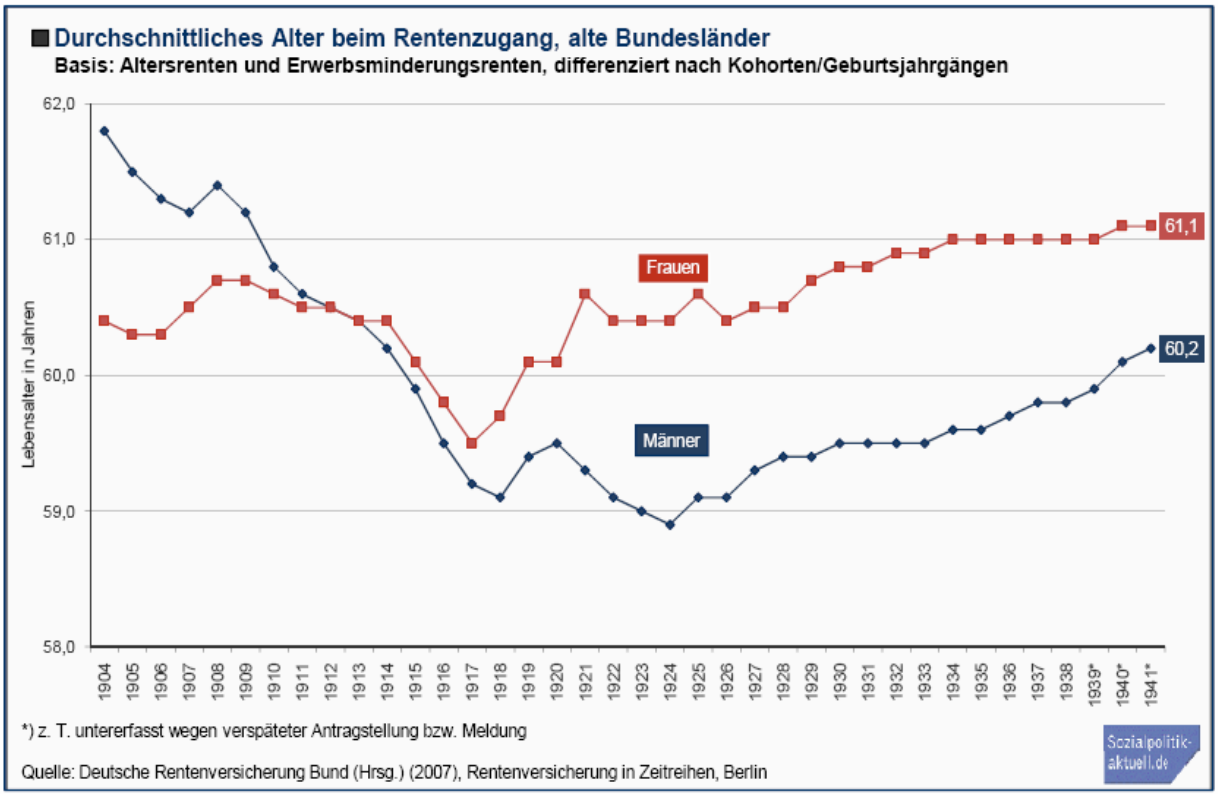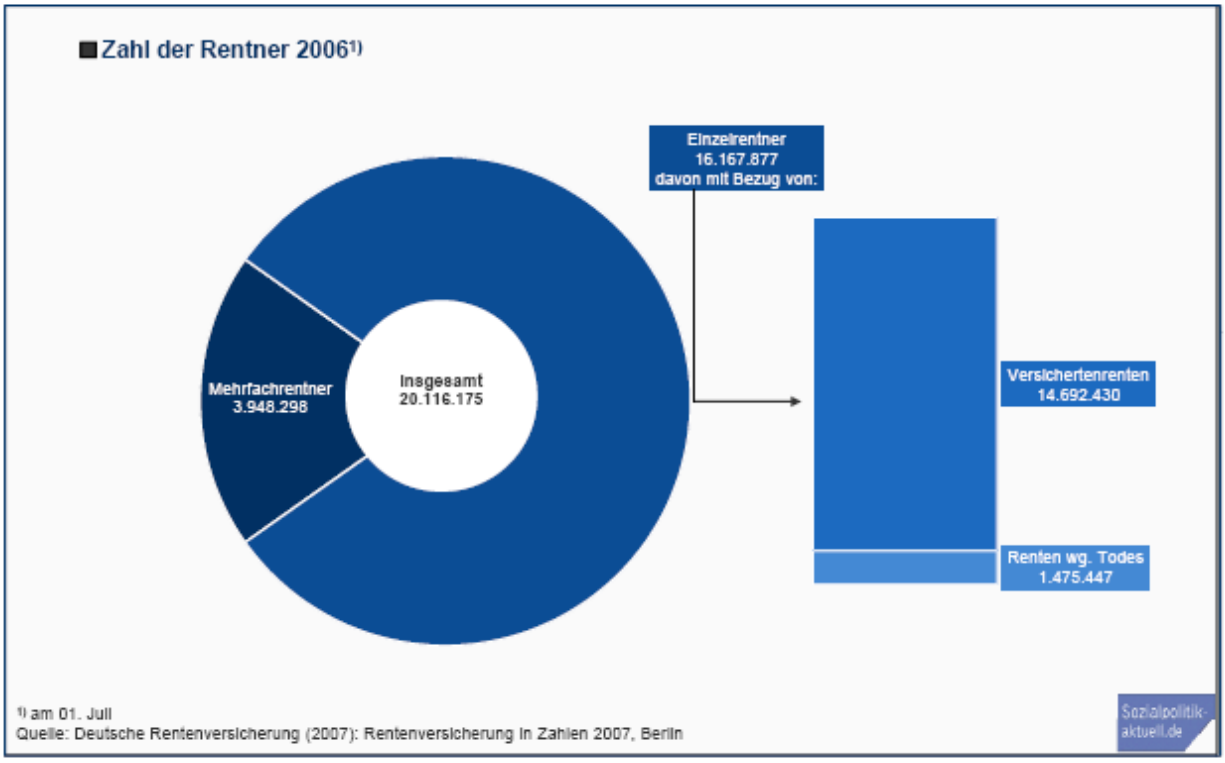Zahlen über den Ruhestand